

VIRGINIA WRESTLING ASSOCIATION (VAWA) PRESENTS
VIRGINIA FOLKSTYLE STATE CHAMPIONSHIPS



DATES: SATURDAY, FEBRUARY 26, 2011
SUNDAY, FEBRUARY 27, 2011

LOCATION: ARTHUR ASHE CENTER,
RICHMOND, VA

DIVISIONS: K-2ND, 3RD-4TH, 5TH-6TH, 7TH-8TH, FRESHMEN, SOPHOMORE,
JUNIOR/SENIOR (COMBINED)

TEAM CHAMPIONS WILL BE CROWNED IN EVERY DIVISION

SELECTION OF THE 2011-2012 VAWA ELEMENTARY AND MIDDLE SCHOOL NATIONAL DUAL TEAMS WILL BE MADE FROM THE TOP 3 PLACE WINNERS IN EACH DIVISION.

AWARDS: K-8TH GRADE DIVISIONS – MEDALS 1-8
FRESHMEN, SOPHOMORE, AND JUNIOR/SENIOR DIVISION – TOP 6 MEDAL

AWARDS WILL BE PRESENTED BY A CURRENT USAW WORLD TEAM MEMBER

REGISTER ON LINE AT: <http://www.sikorasoftsystems.com/Schedule/VAWA.htm>

**Deadline For Registration is Wed, Feb. 23rd at
midnight**

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ENTRY FEE: \$30.00, IF NOT PAID ON LINE, PAYMENT BY CASH OR CHECK IS REQUIRED AT CHECK IN PRIOR TO SKIN CHECKS. CHECKS SHOULD BE MADE PAYABLE TO VAWA.

ADMISSION: \$5.00 (UNDER 12 & COACHES WITH 2011 USAW COACH CARDS FREE)

COACHES MUST PRESENT A 2011 USAW COACHES CARD TO GET A FLOOR PASS TO COACH MAT SIDE. REMINDER: ON-LINE BACKGROUND CHECKS ARE REQUIRED EVERY 2 YEARS AND A COMPLETED BACKGROUND CHECK IS REQUIRED BEFORE YOU CAN PURCHASE A CURRENT USAW COACH CARD. BACKGROUND CHECKS MAY TAKE UP TO 2 WEEKS TO PROCESS, SO DO NOT DELAY. IF A CURRENT USAW COACH CARD CANNOT BE PRESENTED AT THE DOOR, YOU WILL NOT BE ABLE TO COACH MAT SIDE.

TO PURCHASE OR PRINT A USAW CARD OR COMPLETE THE REQUIRED BACKGROUND CHECK, GO TO [HTTP://WWW.USAWMEMBERSHIP.COM](http://www.usawmembership.com). IF ASSISTANCE IS NEEDED, CALL (804) 586-3524.

TOURNEY DIRECTOR: BILL SWINK, 540-907-5176; FORGEWRESTLING@YAHOO.COM

HEAD GEAR IS REQUIRED

WRESTLING GEAR WILL BE SOLD ONSITE BY BLUE CHIP WRESTLING CHECK OUT THEIR WEBSITE ([WWW.BLUECHIPWRESTLING.COM](http://www.bluechipwrestling.com)) TO PREVIEW SOME OF THEIR AWESOME BLUE CHIP AND AGGRESSION SINGLET DESIGNS.

THE NEWLY RENOVATED ASHE CENTER HAS PLENTY OF SEATING; NO LAWN CHAIRS ALLOWED

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WEIGHTS BY DIVISION:

DUE TO THE EVENING WEIGH IN K – 8TH GRADE WILL BE GIVEN TENTHS OF A POUND. FOR EXAMPLE: IF ONE WEIGHS 40.9, THEY ARE ELIGIBLE TO WRESTLE THE 40 POUND WEIGHT CLASS.

K-2ND WEIGHTS: 40, 44, 48, 52, 56, 60, 64, 68, 72, And over 72.

3RD-4TH WEIGHTS:
48, 52, 56, 60, 64, 68, 72, 76, 80, 84, 88, 92, 96, 100, And over 100

5TH-6TH WEIGHTS: 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 128, 135, OVER 135

7TH-8TH 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 135, 145, 155, 170, 190, 215, OVER 215

9TH THROUGH 12TH GRADE WRESTLERS CANNOT WRESTLE AT A WEIGHT LOWER THAN THEY CERTIFIED AT DURING THE REGULAR HIGH SCHOOL SEASON.

FRESHMEN: 95, 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285 WITH 2 LB ALLOWANCE

SOPHOMORE: 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285 WITH 2 LB ALLOWANCE

JUNIOR/SENIOR: 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285 WITH 2 LB ALLOWANCE

WEIGH-INS: ALL WRESTLERS MUST WEAR A SINGLET TO WEIGH IN. WEIGH INS WILL OCCUR AT THE REGIONAL WEIGH-IN SITES LISTED BELOW ON FRIDAY, FEBRUARY 25 FROM 6PM – 9PM. A CHALLENGE SCALE WILL BE AVAILABLE FROM THE START OF CHECK IN UNTIL 15 MINUTES BEFORE THE START OF EACH DIVISION. YOU MUST BE WITHIN 2LBS OF WHERE YOU WEIGHED IN FOR THIS TOURNAMENT OR YOU WILL NOT BE ABLE TO WRESTLE. CHALLENGERS MUST BE PREPARED TO WEIGH IN AND SHOW PROOF OF GRADE ALSO.

COMPETITORS MUST PRESENT A 2011 USAW ATHLETE CARD AT WEIGH-INS. PROOF OF GRADE WILL BE REQUIRED AT WEIGH-INS AND ON SITE IF QUESTIONED.

Regional Weigh in Sites:

- NORTHERN VIRGINIA: ANNANDALE HS AND SKYLINE HS
- CENTRAL REGION (RICHMOND): ARTHUR ASHE CENTER
- EASTERN REGION (TIDEWATER): POQUOSON MIDDLE SCHOOL
- WESTERN REGION (ROANOKE AREA): CHRISTIANSBURG HS
- LYNCHBURG AREA: LIBERTY U WRESTLING ROOM
- UVA WRESTLING ROOM IN ONESTY HALL AT UVA CAMPUS

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Schedule

FRIDAY, FEB 25, AT THE REGIONAL WEIGH-IN SITES LISTED ABOVE

6PM-9PM WEIGH INS FOR ALL AGE GROUPS

(NO WEIGH INS WILL OCCUR SATURDAY OR SUNDAY!)

SATURDAY, FEB 26, AT THE ARTHUR ASH CENTER

7:30 Mandatory Skin Check for K-4th grade

9:00 AM FIRST ROUND FOR K - 2 AND 3 - 4 GRADE CONTESTANTS

12:30 Mandatory Skin Check for 5-8th grade

2:00 PM FIRST ROUND FOR 5 - 6 AND 7 - 8 GRADE CONTESTANTS

SUNDAY, FEB 27, AT THE ARTHUR ASH CENTER

7:30 Mandatory Skin Check

9:00 AM FIRST ROUND FOR 9TH THROUGH 12 GRADERS

SEEDING CRITERIA

National level tournament placers - 10 pts per placement with bonus pts for specific place (i.e. 5 bonus pts - 1st, 3 bonus pts-2nd, 2 bonus pts - 3rd, 1 bonus pt - 4th):

Regional level tournament placers - 5 pts per placement with bonus pts for specific place (i.e. 5 bonus pts - 1st, 3 bonus pts-2nd, 2 bonus pts - 3rd, 1 bonus pt - 4th). South East Regionals,

State/district level tournament placers - 3 pts per placement with bonus pts for specific place (i.e. 5 bonus pts - 1st, 3 bonus pts-2nd, 2 bonus pts - 3rd, 1 bonus pt - 4th).

HOTELS (MENTION "VAWA FOLKSTYLE STATES" TO GET THE RATES BELOW.)

HOLIDAY INN EXPRESS— (LESS THAN 5 MILES AWAY) (\$69 A NIGHT OR \$89 FOR SUITES) 201 E. CARY ST, RICHMOND, VA 23219, (804) 788-1600

COMFORT INN — MIDTOWN CONFERENCE CENTER — (LESS THAN 1 MILE AWAY) (\$55 A NIGHT), 3200 WEST BROAD STREET, RICHMOND, VA 23230, (804) 359-4061

CROWN PLAZA — RICHMOND WEST (5 MILES AWAY) (\$69 A NIGHT), 6531 BROAD STREET, RICHMOND, VA 23230, (804) 285-9951

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