

EASTERN OPEN ELEMENTARY DUALS

ORGANIZED BY VIRGINIA AAU & RAIDER NATION WRESTLING CLUB

**TOURNAMENT IS LIMITED TO THE FIRST 8 PAID ENTRIES
TEAMS WILL WRESTLE AT LEAST 5 MATCHES**

WHEN: FEBRUARY 14TH, 2010 (SUNDAY)

WHERE: PHOEBUS HIGH SCHOOL
100 IRELAND ST, HAMPTON, VIRGINIA 23663

TIME: WEIGH -INS ARE FROM 8-9:30 AM WRESTLING WILL BEGIN AT 10:00 AM
COACHES MEETING WILL BE AT 9:30 AM

FORMAT: FOLKSTYLE – HIGH SCHOOL RULES APPLY (TAPED LACES WAIVED
HEADGEAR IS REQUIRED). TEAMS WILL BE SEPARATED INTO 2 POOLS.
AND WILL WRESTLE ROUND ROBIN. POOL PLACEMENT WILL DETERMINE
SEEDING IN TOURNAMENT BRACKET.

RULES: RULES WILL BE ACCORDING TO THE AAU WRESTLING HANDBOOK, THE
AAU NATIONAL CODEBOOK AND THE NATIONAL HIGH SCHOOL RULES

COMPETITORS MUST BE BORN IN 1999 OR AFTER **AND** BE ENROLLED IN
ELEMENTARY SCHOOL, KINDERGARTEN THRU 5TH GRADE. EACH PARTICIPANT
MUST BRING PROOF OF AGE AND GRADE WITH THEM TO THE EVENT.

WEIGHTS: 44, 48, 52, 55, 58, 61, 65, 68, 72, 76, 78, 82, 85, 88, 92, 96, 100, HWT
(3 forfeits with no penalty allowed per match...note: if you have a wrestler
registered at that weight, you must wrestle them, unless he/she is injured
EACH TEAM WILL BE RESPONSIBLE TO BRING ONE SCORER/TIMER

REGISTRATION: TEAM REGISTRATION & ROSTER MUST BE RECEIVED BY THURSDAY, FEBRUARY 11TH.
MAIL REGISTRATIONS TO Darlene Grainger, 633 Mill Landing Road, Chesapeake, Va, 23322

ENTRY FEE: \$350 DOLLARS CHECKS MUST BE PAYABLE TO RAIDER NATION WRESTLING CLUB.

AAU CARD: ALL WRESTLERS MUST HAVE AN AAU CARD AND PRESENT IT AT CHECK IN. CARDS
CAN BE PURCHASED ON-LINE AT WWW.AAUSPORTS.ORG

AWARDS: TEAM TROPHIES WILL BE AWARDED FOR 1ST THRU 4TH PLACE. INDIVIDUAL MEDALS
WILL BE GIVEN TO PARTICIPANTS THAT HAVE WRESTLED A MINIMUM OF 4 MATCHES
AND HAVE 2 LOSSES OR LESS. OUTSTANDING WRESTLER AWARDS WILL BE
AWARDED TO ONE MEMBER OF EACH TEAM, OPPOSING TEAM COACHES WILL
VOTE FOR OUTSTANDING WRESTLER AT END OF MATCH.

CONCESSIONS: WILL BE AVAILABLE, TEAM COOLERS WILL BE ALLOWED BUT MUST BE FOR
WRESTLERS & COACHES ONLY.

ADMISSION: \$5.00 -10&UP, ROSTERED TEAM COACHES ADMITTED FREE

TOURNAMENT DIRECTORS: DARLENE GRAINGER –(757)-286-7982 , rgrai67510@aol.com
BILL GRUBBS (757) 207-1518, 2grubswrestle@gmail.com

EASTERN OPEN ELEMENTARY DUALS

NAME: _____

PHONE#: _____

ADDRESS: _____

DATE OF BIRTH: _____ AGE: _____ TEAM: _____

EMAIL: _____

AAU#: _____

PLEASE ENTER ME IN THE ABOVE WRESTLING TOURNAMENT. I HEREBY RELEASE RAIDER NATION WRESTLING CLUB, PHOEBUS HIGH SCHOOL, THE OFFICIALS OF THE TOURNAMENT AND ANYONE CONNECTED WITH THE TOURNAMENT FROM ANY CLAIM, LIABILITY OR RIGHTS TO DAMAGES FOR ANY INJURIES OR LOSSES SUFFERED BY MYSELF IN TRAINING FOR, TRAVELING TO AND FROM, OR PARTICIPATING IN THIS TOURNAMENT.

WRESTLER'S SIGNATURE: _____

PARENT'S SIGNATURE: _____

