



CLIFF KEEN ATHLETIC
Outfitting passion.

DATES: SATURDAY, FEBRUARY 27,
2010 FOR KIDS AGE GROUPS
SUNDAY, FEBRUARY 28,
2010 FOR HS AGE GROUPS

LOCATION: ARTHUR ASHE
CENTER, RICHMOND, VA

DIVISIONS: K-2ND, 3RD-4TH, 5TH-6TH,
7TH-8TH, FRESHMEN, SOPHOMORE,
JUNIOR/SENIOR (COMBINED)

**TEAM CHAMPIONS WILL BE CROWNED IN EVERY
DIVISION**

**TOURNEY DIRECTOR: BILL SWINK 540-907-5176
FORGEWRESTLING@YAHOO.COM**

ENTRY FEE: \$30.00, REGISTER ON LINE

VIA <http://www.sikorasoftware.com/Schedule/VAWA.htm>

**Deadline for Registration is Wed, Feb. 24th at
midnight**

ALL mat side coaches must have a current USAW card

ADMISSION: \$5.00 (UNDER 12 & USA COACHES FREE)

HEAD GEAR IS REQUIRED

**WEIGH-INS: WEIGH INS WILL OCCUR EITHER ON SITE AT THE ARTHUR ASHE
CENTER OR AT ONE OF THE REGIONAL SATELLITE REGISTRATION SITES* see back**

**Proof of grade will be required at registration AND required on site if the
grade is questioned**

You must PRESENT A current 2009-2010 USA Wrestling Card at Weigh Ins. If you
have problems obtaining a copy, call (804) 586-3524

**THE NEWLY RENOVATED ASHE CENTER HAS PLENTY OF
SEATING; NO LAWN CHAIRS OR COOLERS ALLOWED**

AWARDS: K-8TH GRADE DIVISIONS –MEDALS 1-8

FRESHMEN, SOPHOMORE, AND JUNIOR/SENIOR DIVISION TOP 6 MEDALS

WEIGHTS BY DIVISION:

K-2ND WEIGHTS: 40, 44, 48, 52, 56, 60, 64, 68, 72, And over 72.

3RD-4TH WEIGHTS:

48, 52, 56, 60, 64, 68, 72, 76, 80, 84, 88, 92, 96, 100, And over 100

5TH-6TH WEIGHTS: 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 128, 135, OVER 135

7TH-8TH 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 135, 145, 155, 170, 190, 215, OVER 215

9th through 12th grade wrestlers cannot wrestle at a weight lower than they certified at during the high school regular season

FRESHMEN: 95, 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285 WITH 2 LB ALLOWANCE

SOPHOMORE: 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285 WITH 2 LB ALLOWANCE

JUNIOR/SENIOR: 103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285 WITH 2 LB ALLOWANCE

***Regional Registration and Weigh in sites:**

- NORTHERN VIRGINIA: ANNANDALE HS AND SKYLINE HS
- CENTRAL REGION (RICHMOND): ARTHUR ASHE CENTER
- EASTERN REGION (TIDEWATER): POQUOSON MIDDLE SCHOOL
- WESTERN REGION (ROANOKE AREA): CHRISTIANSBURG HS
- LYNCHBERG AREA: LIBERTY U WRESTLING ROOM

Schedule

FRIDAY, FEB 26

6PM-9PM WEIGH INS FOR **ALL AGE GROUPS** WILL OCCUR AT ARTHUR ASHE CENTER AND DESIGNATED REGIONAL SITES (**NO WEIGH INS WILL OCCUR SATURDAY OR SUNDAY!**)

SATURDAY, FEB 27

- 7:30-8:30 Skin check
- 9AM FIRST ROUND FOR K-2 AND 3-4 GRADE CONTESTANTS
- 1:00PM Skin check
- 2 PM FIRST ROUND FOR 5-6 AND 7-8 GRADE CONTESTANTS

SUNDAY, FEB 28

- 7:30-8:30 Skin check
- 9AM FIRST ROUND FOR 9TH THROUGH 12 GRADERS

SEEDING CRITERIA

National level tournament placers - 10 pts per placement with bonus pts for specific place (i.e. 5 bonus pts - 1st, 3 bonus pts-2nd, 2 bonus pts - 3rd, 1 bonus pt - 4th):

Regional level tournament placers - 5 pts per placement with bonus pts for specific place (i.e. 5 bonus pts - 1st, 3 bonus pts-2nd, 2 bonus pts - 3rd, 1 bonus pt - 4th). South East Regionals,

State/district level tournament placers - 3 pts per placement with bonus pts for specific place (i.e. 5 bonus pts - 1st, 3 bonus pts-2nd, 2 bonus pts - 3rd, 1 bonus pt - 4th).

